

Year 4 Home learning activities: Spring 2: Burps, Bottoms and Bile

I hope you will enjoy completing the activities. You have a free choice of the activities you want to do. We will do our best provide you with resources if required. Each activity has been given a number of points. Please speak to me if you have other ideas you would like to do instead. **You must total at least 20 points with your chosen activities combined to be put in Mrs. Batorska's diamond draw.**

Return your projects along with the cover sheet with your chosen activities highlighted by **Monday 27th March.**

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| <p><u>Teeth Poster</u> Design and create an information poster, teaching other children how to look after their teeth and why it is important. Think about the important messages that you want to give about oral hygiene. Can you create a catchy slogan? 6 points</p> | <p><u>Research</u> Research healthy eating online or using information books. Write five reasons why it is important to eat healthily. Think about the impact that food has on digestion and the human body. 6 points</p> | <p><u>Story:</u> Write a story where the main character travels through the digestive system! The MC could be a person or a piece of food. Think about a bad character or villain and your opening, build up, problem, resolution and ending. 8 points</p> |
| <p><u>Food diary</u> Keep a food diary for a set number of days. Write down everything you eat and drink. Consider how you could make your diet healthier and write down 3 changes you could make. 6 points</p> | <p><u>Menu</u> Create a menu of healthy food and meals. This could include: starters, mains and deserts. Give some information about the importance of healthy food. 6 points</p> | <p><u>Smoothie Recipes</u> Write some recipes for healthy smoothies that others can make at home. Include ingredients and instructions on how to make each. Make and taste them yourself first! 6 points</p> |
| <p><u>Photography</u> If you have a phone, tablet or camera: Take photos of healthy food or dishes that could be put online or in a cookbook. 4 points</p> | <p><u>Art</u> Sketch, draw or paint a bowl of fruit... or any other healthy food! 4 points</p> | <p><u>Poem</u> Write a poem or song about the digestive system and include all the important vocabulary such as 'small intestines'. 8 points</p> |