

SEPTEMBER 20TH 2023

ST MARY'S NEWS

Dear Parent,

The first two weeks of term have flown by! We hope your child is settling in well to their new class. As promised I have included a few pictures of the new library, playground and newly refurbished rooms on page 2 of the newsletter.

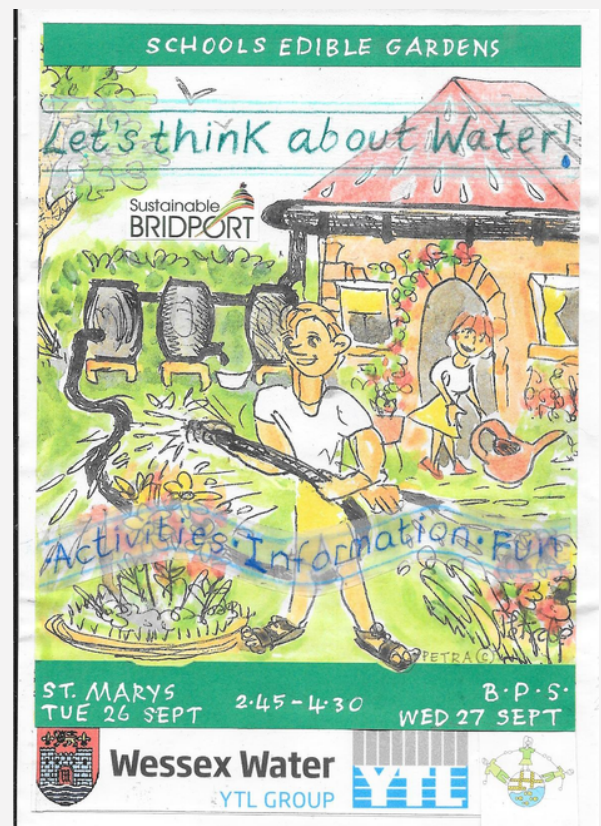
Next Tuesday is our Autumn Show and Harvest Service. This year our Harvest theme focuses on thankfulness for water, Please do **join us at St Mary's church at 2:15** for the service and then back at school for refreshments and to view the entries to the show. We also have Wessex water and the edible garden team providing some Water themed activities.

Key Dates for your diary this term:

11th October - School Disco
17th & 18th - October Parent's Meetings
30th October - INSET day
17th November - Children in Need
1st December - Non School Uniform Day - bring £1
6th December Reception Nativity 9:30
8th December - Christmas Fayre
12th December KS1 Nativity 2pm
13th December KS2 Christmas Service 2pm St Mary's Church
14th December - Christmas Meal and Christmas Jumper Day
15th December - INSET Day

We still have spaces in some clubs so please do sign up if your child is interested in attending. You can view the clubs list [here](#) on our new website.

Kate Batorska





Our new library



Renovated Hub area



Resurfaced playground
and new cabin



Renovated
courtyard

In his new role, Mr Houston has sent us information about local courses with the team he works for. The living well course is all about providing a safe space to discuss how we feel about ourselves, what it's like being a parent and how to improve our self-esteem and mental health.

**SKILLS &
LEARNING**
Adult Community Education

Upcoming courses in Bridport

Counselling

Counselling: are you ready to listen? (10 weeks)
Friday 22nd September | 9:30am - 11:45am at Bridport LSI

LivingWell

LivingWell (FREE): Feel Good Families (8 weeks)
Monday 25th September | 9:30am - 11:30am at Bridport LSI
Alternative dates:
Monday 15th January 2024 | 9:30am-11:30am
Monday 22nd April 2024 | 9:30am-11:30am

Week 1 Develop self-awareness. Understand yourself and your thoughts and feelings, know what you are good at, know how you prefer to learn, understand your knowing, reactions and attitudes.

Week 2 Manage feelings. Develop self-regulation and make the choices that are right for you.

Week 3 Empathy. Recognise and understand the feelings and mood of other people and understand life from another's point of view.

Week 4 Building family resilience. Understand what resilience is, identify the resilience skills we use and discuss strategies that can be used when faced with challenges.

Week 5 Positive parenting. Understanding child development and develop a positive approach to parenting.

Week 6 Look after yourself so you can look after your children even better.

Week 7 Help everyone in your family to manage stress levels.

Week 8 Social skills Confident parent, confident child. Develop the skills to work and play together and form friendships, improve family communication and build confidence, resolve conflicts, stand up for yourself and make wise choices.