

Parenting Skills and Strategies Sessions:

Beaminster, 'Fred's Place', St Mary's Primary School

Address Clay Lane, DT8 3HY
Days and times Fridays 9.00 to 11.00
Dates 2nd August, 16th August, 6th September, 20th
September, 4th October, 18th October, 1st November, 16th
November, 6th December, 20th December
Telephone: 01308 421714

Bridport Children's Centre

Address Skilling Hill Road, DT6 5LA
Days and times Mondays 1.00 to 3.00
Dates 19th August, 2nd September, 16th September,
7th October, 21st October, 4th November, 18th November, 2nd
December, 16th December
Telephone: 01308 421714

Bridport Children's Centre (Different Day)

Address Skilling Hill Road, DT6 5LA
Days and times Fridays 9.00 to 11.00
Dates 9th August, 23rd August, 13th September, 27th
September, 11th October, 25th October, 8th November, 22nd
November, 13th December, 27th December
Telephone: 01308 421714

Lyme Regis, St Michael's VA Primary School (Bridport Children's Centre in school holidays)

Address Kingsway, Lyme Regis, DT7 3DY
Days and times Thursdays 1.00 to 3.00
Dates 8th August, 22nd August, 12th September, 26th
September, 10th October, 24th October, 14th November, 28th
November, 12th December
Telephone: 01308 421714



Proud to be part of
**Dorset Family
Partnership Zones**

West Family Partnership Zone **Parenting Skills and Strategies Sessions**



Providing family
support 0-19



What are Parenting Skills and Strategies?

These drop-in sessions are for you to attend to get practical and friendly support alongside other parent/carers.

My child isn't a toddler - isn't this for young children?

The Family Partnership Zone is a group of professionals trained to work with families with children aged 0-19. Our team of experts will help you with behaviour skills for your child – whether they are a toddler or a teen!

I've never been to a Parenting group before - does that matter?

Not at all! Come along—this is where we help you find some new ways to manage your child's behaviour in a calm and positive way. As parents you know your children better than anyone, we work with that knowledge to help you make changes.

I'm worried everyone will be perfect parents

There is no such thing as a perfect parent. This group is for real parents and carers who are seeking a bit of support to improve their children's behaviour and change the way they interact with their children.

What if I need a bit more support?

If you feel that you would benefit from more regular support, together we can assess what your needs are and work out the best support route for you.

