



# LOCAL FOOD LINKS

## ALLERGENS PARENT'S GUIDE

- 1- Request allergy/ special dietary requirements form
- 2- Return to [barry.dovell@localfoodlinks.org.uk](mailto:barry.dovell@localfoodlinks.org.uk)
- 3- Provide medical evidence ( i.e. doctors note, allergy report ) confirming the need for special dietary requirements
- 4- LFL will add you to our register and update the requirements on your account

Last Name	First Name	Code	Class	Year	Site	FSM	UIFSM	Premium	Block Order	Special Diet	Actions
Diner	Test	UIJBKLV291	Aardvarks	2	Test School_LFL	Yes	Yes	No	No	Gluten	<button>Edit</button>

- 5- LFL will email your specific menu
- 6- You can then place your order online, but please ensure that you only select dishes available on your specific menu. Option 1 is the regular main, Option 2 is the vegetarian main and Option 3 is a lighter dish, i.e. Roll or Jacket potato meal.

Friday, 15th Sep 2023

☐ Battered Fish (GLUTEN,FISH) with Chips, Peas, Sweetcorn & Tomato Ketchup

☐ Bean & Cheese Quesadilla (GLUTEN,DAIRY) with Chips, Peas, Sweetcorn & Tomato Ketchup

☐ Cheese Mayo Roll (GLUTEN,DAIRY,SOYA) with Chips & Cucumber

Desserts

☒ Jammy Cupcake (GLUTEN,EGG)

	Friday
Option 1	GF Fish with Chips, Peas, Sweetcorn & Tomato Ketchup
Option 2	Not Available
Option 3	Not Available
Dessert	GF Jammy Cupcake or Fresh Fruit
* Options 2 and 3 are not available on this menu	

- 7- Desserts are automatically ordered, and these will also be converted to comply with your specific dietary requirements.
- 8- If you would like to check any ingredients in any dish, simply click the *i* button.



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- 9- Any “special diet “meals will be flagged on our system to the production kitchen. The allergy champion will manually adjust the dish to comply with your specific menu.

#### Test Kitchen\_LFL

##### Battered Fish (GLUTEN,FISH) with Chips, Peas, Sweetcorn & Tomato Ketchup (Regular - Main Course)

Site	Adults	KS3 Pupils	Pre-School Pupils	Primary School Pupils	Special Diet
Test School_LFL	0	0	0	0	1
<b>Total</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>

Diner	Year	Class	Site	Dietary Requirements
Test Diner	2	Aardvarks	Test School_LFL	Gluten

- 10- This amendment will be highlighted on the delivery note for the school kitchen.

ALLERGY	Child's Name	
Gluten	Test Diner	GF Battered Fish, rest of dish <u>OK</u> GF Jammy Cupcake

- 11- For Any questions regarding allergies or special dietary requirements please email [barry.dovell@localfoodlinks.org.uk](mailto:barry.dovell@localfoodlinks.org.uk)



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