

St. Mary's News

COLFOX RUN

In KS2 some children got to go to Colfox- not to visit, but to run! Children from all the other local schools came to compete as well. Year 5/6 ran two and a half laps which is almost 1 mile! Impressive isn't it? Year 3/4 completed one and a half laps. St. Mary's won the whole race. Matilda was 1st, then Lizzy was 2nd! Everyone did amazingly well.



Reporter Eve Hopgood

Orchestra Opportunity



On the 20th of January 2023, Key stage 2 went on an exciting trip to Exeter to see the amazing Bournemouth Symphony Orchestra to listen the song "I can't get to sleep." Multiple schools went as well. The song had actions so we could join in. The song was written by JAMES REDWOOD and was performed at Exeter University.

The children at St Mary's Primary School enjoyed it very much. A Year 5 girl, Kamila Pikul commented that "It was very loud but it was still good." At the end of the session most of the audience were very happy as they played Harry Potter theme song!

Reporter Freya Proctor

St. Mary's News

St. Mary's Book Week 2023

During the week of the 27th February-2nd March 2023, we celebrated our yearly book week. It was a community event this year with the local book shop coming into visit us, library visits and also a dress up day on World Book Day. We had a mix up teacher day too where different teachers shared a story with another class. Mrs Graham read 'The Whisperer' by Nick Butterworth to year 6 and Mr Houston shared 'That's not how you do' it by Ariane Hofman-Maniyar with Year 1. Both books are from our No Outsiders range of books which we read at school to repeat the message that **'everyone is different and everyone is welcome'**.

It was an exciting week!
Look at the pictures and see if you can guess the books:



St. Mary's News

Well-being Ambassadors

Is your child a well-being ambassador? Do you wonder what the well-being ambassadors do? Freya Proctor has the inside scoop on all things well-being!



The well-being ambassadors meet weekly to discuss the well-being and happiness of the children at St. Mary's. They nominate children from every class for a special well-being certificate which is presented in celebration assembly each Monday. The well-being ambassadors have discussed tips and ideas to improve happiness and well-being which we delivered through our '31 days to boost well-being' in January.

Our biggest job is helping other pupils on the playground and reporting to adults when we see that children need help and support.

We also help Mrs Samuel with important events such as Anti-Bullying week and E-safety day. This year we helped with both assemblies.

We are currently in the process of planning a positive, uplifting circle time session which we will be delivering in our classes with the children before Easter.

Freya Proctor Year 5

St. Mary's News

E-SAFETY TOP TIPS from St. Mary's internet Safety day....

Created by the St. Mary's well-being team

01

Protect your personal information-name, age

02

Check the ratings on games or TV shows

03

Use child friendly sites

04

Use reporting tools in online games

05

Avoid conversation with strangers

06

For kids use 'Swiggle' for searching online

07

Check photographs don't include information about yourself

08

Consent-ask permission before sharing anything online

09

Set healthy limits-screen free time

10

Respect people always be kind

11

Talk to people you know in real life online

12

Keep passwords safe

13

Be near an adult when online

14

Check privacy settings

15

Be inclusive-be kind to others online.

16

Talk to a grown up about your experiences online.

17

Have an hour's screen free time before going to sleep

18

Use child friendly games

19

Download a parent moderation App to monitor children's time online

20

Never agree to meet someone you met online

21

Create your own set of family rules for using the internet

22

Tell an adult if you feel unsafe or scared

23

Set limits online to control screen time

24

If your friends are talking about something scary don't check it out

25

Don't send pictures of yourself to strangers

26

For children under the age of 10 use YouTube kids

27

Don't use voice chat games without permission

28

Don't believe everything you see online



St. Mary's News

HOW TO MAKE DAIRY FREE COOKIES

Kamila Pikul and Ayah Burley-Small

Are you bored of being dairy free and having to look for dairy free cookies? Do you not know how to make dairy free cookies for you/your friends/or your family members? Well, if so then carry on reading this text and figure out how to make dairy free cookies.

Here is what you will need: (equipment)

Electric mixer

Measuring cups

Measuring spoons

Rubber spatula

Cookie scoop

Baking sheet

The food you will need

2 1/2 cups all-purpose flour

1 teaspoon baking soda

1 teaspoon salt

1 cup [vegetable shortening](#)*

3/4 cup dark brown sugar

3/4 cup sugar

2 eggs

1 teaspoon vanilla

1 cup of dairy free chocolate chips



1. Preheat oven to 350°F and line a [baking sheet](#) with [parchment paper](#).
2. In a medium bowl, whisk together flour, baking soda and salt. Set aside.
3. In a large bowl with an [electric mixer](#), beat shortening and sugars at medium speed until light and fluffy – about 2 minutes. Add eggs and vanilla, beating until combined. Add flour mixture, about 1/2 cup at a time, mixing until incorporated, scrapping sides as needed.
4. Stir in the dairy free chocolate chips.
5. Using a medium [cookie scoop](#), drop 2 tablespoon balls of dough onto cookie sheet. Bake for 10 – 11 minutes.
6. Remove from oven and allow cookies to cool on [baking sheet](#) for about 5 minutes before transferring to a cooling rack.

Hopefully, these cookies will taste delicious and hopefully they will not burn but they will turn out like the picture!